



Looking Forward Our Way

www.lookingforwardourway.com

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GUEST CONTACT INFORMATION

Guest Names: Steve Schoeny, City Manager, City of Upper Arlington

Podcast Title: Building a Healthy and Happy Community: The Upper Arlington Community Center Story

REFERENCES AND RESOURCES:

City of Upper Arlington

3600 Tremont Rd

Upper Arlington OH 43221

<https://upperarlingtonoh.gov/>

Upper Arlington Community Center

3200 Tremont Road.

Upper Arlington, Ohio 43221

<https://communitycenter.upperarlingtonoh.gov/>

Upper Arlington Senior Center

<https://upperarlingtonoh.gov/senior-center/>

Upper Arlington “Won’t You Be Our Neighbor” Podcast Program

<https://upperarlingtonoh.gov/wont-you-be-our-neighbor/>

Other centers noted in the podcast:

The Girard (OH) Multigenerational Center <https://multigen.org/>

Westerville Community Center <https://parks.westerville.org/facilities/community-center>

Mason (OH) <https://imaginemason.org/things-to-do/community-center/>

Dublin <https://dublinohiousa.gov/recreation-services/dcrc/>

Whitehall/YMCA Community Center <https://www.ymcacolumbus.org/locations/whitehall/contact>

SilverSneakers [a fitness and wellness program offered at no additional cost to seniors 65+ on eligible

Medicare plans that helps you get active, get fit, and connect with others] <https://tools.silversneakers.com/>

NOTE: A list of Senior Centers throughout Central Ohio is included in this podcast show notes.